CITY OF VANCOUVER SENIORS HOUSING CONVERSATION KIT

We're developing a Seniors Housing Strategy and want to hear from you!

Seniors are the fastest growing age demographic in Vancouver. Many seniors live on fixed incomes and will need to consider changing health, accessibility and housing needs as they age.

Your feedback will help us understand the housing needs of seniors and older adults aged 55+ living in Vancouver and will help shape policies, partnerships and advocacy actions being developed this year.

This conversation kit is designed for groups of up to 8 people and is intended to take 20-30 minutes. It contains five questions along with some example prompts to help guide the conversation. The prompts are optional as the questions are designed to be open-ended. The conversation can be held either online or in-person.

Please have one participant or facilitator guide the conversation and take notes along the way. Input the notes directly into the Conversation Kit PDF document, or in a separate Microsoft Word document and email us the results at <u>housingpolicy@vancouver.ca</u> by April 30, 2023.

Facilitator name: Facilitator contact (email/phone number): Description of participants (number of people, type of group):

Meeting format and location (e.g. online, in-person):

1. What are your biggest housing challenges as you age?

Example prompts: not being able to afford rent or home costs, too much home maintenance or upkeep required, my home not being accessible, amenities and daily needs are not within close proximity, need for home-supports or more seniors buildings with supports, don't have support from friends and neighbours etc.



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2. Do you plan to stay in your existing home as long as you can or are you planning to move as you get older? Why is that?

3. Have you thought about other housing options as you age? If so, what types of housing have you considered and how much planning have you done?

Example prompts: Seniors housing with supports such as independent living, assisted living or long-term care, bringing in home care supports, renovating my home, moving in with family or having them move in with me, moving to a smaller or more accessible home

4. What do you need in terms of housing, and home or community supports to age comfortably?

Example prompts: More seniors social housing options, more long-term care or assisted living options, more accessible housing or home-renovation programs, home supports for nursing, food delivery, cleaning services, personal care services etc.

5. Are there any culturally specific supports, programs or housing that you would like to use as you age? Please describe.

Example prompts: Meals, programming, religious considerations.

